

Parenting with PURPOSE

MISSION DISCOVERY OF GRACE



Unit 4.3: Discovery of Peace and Patience

We discover patience and peace when we endure struggles and focus our thoughts and emotions on God and the truths of His Word.

Memory Verse: 2 Thessalonians 3:16

Lesson Objectives:

- WE DISCOVER PEACE AND PATIENCE IN GOD'S GRACE. Recognize that we discover patience and peace when we grow in our relationship with God.
- WE DISCOVER PATIENCE WHEN WE TRUST GOD. Believe that God is peace and that His peace will guard our hearts.
- WE DISCOVER PEACE WHEN WE GIVE OUR WORRIES TO GOD. Choose to focus on God, His Word and things that please Him rather than giving into fear and anxiety.
- WE DISCOVER PEACE WHEN WE ARE IN GOD'S WORD DAILY. Determine to be in God's Word so they can discover God's patience and peace.



Talk about it:

3rd & 4th Graders

- What does it look like to have the peace and patience of God?
- In what area of your life do you need more peace and patience?
- What are some ways you can have more peace and patience in your life?

5th & 6th Graders

- What kinds of things should we be thinking and praying about when we are struggling to have peace and patience?
- Read Philippians 4:6-7. How will God give you peace when you are anxious?
- When you don't have peace or patience, are you depending on yourself or God? How can you depend more on God?

Encouragement for you:

Jesus showed patience with His disciples repeatedly. Being patient with circumstances and people isn't always easy. We live in a chaotic world and we desperately need God daily. Parenting is filled with situations demanding our flexibility and patience. When things don't go the way you intended or you are frustrated with others, do you pray for a Christ-like patient attitude and ask the Holy Spirit to guide you? When we submit to God's authority and will, His peace and patience will flow through us.

T&T Announcements

Family Activity: How Would You Respond?

What You'll Need:
Nothing

STEP 1: Read each of the following statements. After each statement is read, ask a volunteer to share how he or she would respond.

You ordered a cheeseburger with ketchup only. It arrives with everything—tomatoes, pickles, onions, mustard, lettuce and mayo.

You have a lot of homework. Your bus is running late. You have a game at 6:00 p.m.

Your mom and dad are going out, which means your older sister is in charge for the evening.

STEP 2: After several volunteers have answered the questions, ask the following questions:

- How do you feel when you face unexpected obstacles in your life?
- When you are stressed out or you have a lot going on, how does it affect your relationship with your family?
- When life is crazy, how does it affect your relationship with God?

STEP 3: Share these key concepts:

- We will all face obstacles or unexpected events in our lives.
- We have a choice in how we respond when things do not go as planned.
- God wants us to discover His peace and patience to help us during difficult times.
- Patience is the ability to endure delay, trouble or suffering without complaining.
- God allows us to go through tough times to produce patience in our lives. That patience builds our character so that we become more like Christ, which offers us hope (Romans 5:3-5).
- As we learn to respond to life's frustrations with patience, we will then discover God's peace.
- We discover God's peace when we trust God in hard situations. God is trustworthy and faithful. He has a good plan for us and He will work out even the bad times in our lives for our good (Romans 8:28).
- When we pray about the struggles we face, we can focus on God and His goodness instead of our problems. As we do so, God's peace guards our hearts (Philippians 4:6).
- Right thinking keeps our minds from dwelling on our problems.
- We choose what we think about and God wants us to think about the truth that we find in His Word. (Philippians 4:8).
- The more we know God's Word, the more we will discover God's perfect peace.

STEP 4: Pray, asking the Holy Spirit to help you and your kids understand the importance of discovering peace and patience.